

# MAITLAND COTTAGE HOME SOCIETY

NPO NO: 022-839

FUNDRAISING NO: 08 800158 000 8

Notice is hereby given that the seventy third annual general meeting of the Society will be held at Maitland Cottage Hospital, Kildare Road, Newlands on Thursday 28 September 2017 at 17:00

## **Agenda**

The following will be among items included on the agenda

Presentation of annual reports and financial statements  
Appointment of Auditors  
Appointment of Management Committee

RSVP: 021 6742090

# SEVENTY THIRD ANNUAL REPORT 2016/17

## OFFICE BEARERS

The Mayoress (ex officio)  
Mrs ML Torrington  
Mrs E Mercer  
Mrs J Sutton  
Prof EB Hoffman

Hon. Vice President  
  
Hon. Life Members

## MANAGEMENT COMMITTEE

Elected at Annual General Meeting on 29 September 2016

Mrs J Scott (Chairman)  
Mr S Daya (Vice-Chairperson)  
Mrs N Tedder (Vice-Chairperson)  
Ms L Pech  
Mr I Scott  
Mr K Smit\*

Dr A Parbhoo (Rep. PGWC)  
Dr S Dix-Peek (Rep. PGWC)  
Prof R Dunn\*  
Miss FM Kunz (Administrator)  
Mrs B Stougie (Senior Matron)

## MEDICAL STAFF

Mr L Sparks  
Dr S Dix-Peek  
Dr A Horn  
Dr C Marais  
Dr S Mears

Orthopaedic  
Surgeons

Assisted by Staff of UCT's Dept of Orthopaedic Surgery  
Red Cross Hospital Anaesthetic Department

Mr Gomes  
KMS Chartered Accountants  
Standard Bank, Claremont

Hon Legal Advisor  
Auditors  
Bankers

\*co-opted members

## CHAIRMAN'S REPORT

This past year has been both exciting and challenging for the hospital with a number of projects being completed. Most significantly was the completion of our theatre upgrade, including a brand new theatre table, C-arm and digitization of our X-Ray department. We no longer have to use X-ray films, which besides being cumbersome, also posed a long term storage problem. Our sincere thanks to The Children's Hospital Trust for making this happen.

We are also very grateful to Red Cross War Memorial Children's Hospital for the sitting scale which is used to weigh our new patients, the SATS monitors and the brand new emergency trolley.

We continued to gain greater exposure in our community and local businesses. The impact of social media has step changed our visibility and has brought many more volunteers to the hospital. Thank you to every one of our volunteers who have brought that extra joy and love to our children, many of whom spend months in hospital.

### THE COMMITTEE

The committee met as usual every 2 months when various issues concerning the management and control of the financial affairs of the Society and the Hospital were attended to. Many important decisions were made during the year for the improvement of the running of the hospital.

Once again I must thank all the committee members who give of their time voluntarily.

Dr Anita Parbhoo moved to a different role at Red Cross War Memorial Children's Hospital and was replaced by Dr Jane Kawadza as the new representative. We welcome Dr Kawadza and look forward to a fruitful relationship. Our sincere thanks to Dr Parbhoo who played such an important role, always giving such sage advice when needed and who truly had Maitland Cottage in her heart.

Welcome to Margie Paton-Ash who was appointed to the Board. Margie holds a Master's degree in Education.

### CLINICAL

The surgical team performed 565 operations with a total of 933 surgical procedures during this year, changing lives by giving mobility to our children.

Ward rounds were held every Tuesday under the supervision of Dr Stewart Dix-Peek and theatre sessions as well as the Clubfoot Clinic have continued to cover the complete spectrum of paediatric orthopaedic surgery at the hospital.

Thanks to Dr Stewart Dix-Peek, Dr Stewart Mears, Dr Anria Horn and Dr Christof Marais, all of the UCT Orthopaedic Registrars, and the whole clinical team for the wonderful work that they continue to do for the children.

Our nursing and medical staff are an integral and pivotal part of our commitment to making our children mobile. They are passionate about healing and constantly strive to ensure the best outcomes for our patients. They are thoroughly professional, approachable and always ready to extend a loving touch. The Management Committee thanks every member of our medical, nursing, physiotherapy, administrative and general staff for your continued support, loyalty and dedication and know that we would not be able to continue to render such a vital and outstanding service to our children without you. My sincere thanks to Dina Stougie for ensuring on-going continuous improvement in nursing care.

Regrettably, Dr Stewart Mears left us to pursue his future in private practice. We thank him for many years of dedication to Maitland Cottage and wish him great success.

We continue to build a strong and mutually beneficial relationship with the management of Red Cross War Memorial Children's Hospital and thank the responsible people for their co-operation and assistance during the past year. We are enormously grateful to the Provincial Government Western Cape Department of Health who play such a major role in enabling us to function financially.

STATISTICS	2016/17	2015/16
Admissions	1332	(1244)
Discharges	1346	(1236)
Patients at midnight on 31 March	42	(56)
In-patient days	16646	(17840)
Operations	565	(545)
Daily average number of in-patients	45.61	(48,88)
Average bed occupancy	53.65%	(57,5%)
Average length of stay (days)		12,50
(14.34)		
Patients treated	1388	(1292)

## FINANCIAL

New auditors K&S Accounting were appointed last year. Copies of the financial statements for the year ended 31 March 2017 are available from the Secretary on request.

All accounts due for payment, salaries and petty cash disbursements and staff attendance records were signed off by myself. Fiona Kunz as always kept a critical eye on the finances.

Provincial aid is now running at around 85% which leaves us with a significant shortfall for the year. Hospital expenditure for the year ended 31 March 2018 is estimated to be R13,7 million of which, R2,1 million needs to be raised by the Society.

Our operational running costs, especially those related to medical materials and equipment continued to increase ahead of inflation and this put stress on our budget spend.

However with the help of private donations, support of several local businesses and by transfers from the Society's Contingencies Fund we were able to cover the running costs for the year.

Thanks to the continued assistance of clubs, companies, volunteers, service organizations, schools and other institutions we were able to achieve our objectives.

Annual activities such as the Bridge Drive, as well as donations, legacies and bequests received from individuals, companies and organisations brought in a total of R550 317-18. We are also very thankful for donations in kind received as well as all the repairs and maintenance carried out. These all helped in significantly easing our financial situation.

We remain focused on the sustainability of the hospital as well as the financial situation and will take steps to hold Maitland Cottage Hospital at the place where it belongs.

## THE YEAR AHEAD

Our major focus for the year ahead is as always on the sustainability of the hospital long into the future. Therefore fundraising continues to be a major priority.

Our fundraising target for the year ahead is R1 8M. To ensure that we reach this goal, the decision was taken to employ a professional contract fundraiser who has the knowledge and expertise in this competitive field. In the current, very difficult economic climate, fundraising has become extremely challenging with many corporate social investment budgets are becoming tighter and we are just one of the many NPO's tapping into those funds, so competition for a portion of these budgets is tough. The decision to employ the fundraiser is to ensure our sustainability long into the future and so continue the wonderful work done at our hospital for our children.

Our larger fundraising projects for the year include:

Solar/PV panels and infrastructure  
Air-conditioning in boys and girls wards  
Recycling of autoclave water  
Vehicle replacement

As always I continue to be inspired by our children who are so brave and accepting of their conditions and injuries and soldier on through it all without complaining.

I remain passionate about our hospital and look forward to many years of growth ahead and to ensuring that I am a part of continuing to make it THE paediatric orthopaedic hospital of the Western Cape.

**JULIE SCOTT**  
CHAIRPERSON, MANAGEMENT COMMITTEE

## **OUR MISSION**

To provide the highest quality paediatric orthopaedic patient care and clinical education and training

## **OUR VISION**

To be the premier Paediatric Orthopaedic Provider in the Western Cape

## **OUR OBJECTIVES**

- Quality treatment for all our patients with achievable and sustainable outcomes.
- Provide specialist Orthopaedic Surgery and treatment as well as medical and nursing care to children.
- Manage 1000 admission per annum.
- Perform 500 operations per annum

## **MEDICAL REPORT**

Much of the change at Maitland Cottage Hospital in the provision of medical services was in alterations in the surgical staffing component serving the hospital.

Dr Anria Horn, a Fellowship Trained Paediatric Orthopaedic Surgeon, joined in August 2016. She had completed Specialist training at UCT, and had gone on to complete a fellowship in Paediatric Orthopaedics in the UK. She returned with an interest in Cerebral Palsy and Hip Pathologies. Her addition of current concepts and techniques is welcomed.

Dr Lewis Sparks retired towards the end of 2016. He had served as a consultant for 40 years, both full time and for the last 12 years, part-time, making him the longest standing member of the department, and his presence will be missed.

He was replaced by Dr Christof Marais, who brought with him an interest in foot and ankle surgery as well as a generalist approach to orthopaedics.

The other change to the surgical service has been the introduction of a digitised X-ray facility. X-rays are now acquired in a digital format without needing acetate sheets or chemicals. They are stored and viewed in digital format, including those X-Rays taken in theatre. X-rays are viewed via laptops and tablets during teaching ward rounds.

The service surgical output continues to increase, despite some temporary constraints with regard to part-time and full time staff.

Once again this year, the Waiting List Initiative, an effort funded by the Children's Trust to reduce waiting times, was supported by Maitland Cottage Hospital.

Regarding the trends of the 2010 to 2017 years, certain patterns emerge: There has been a significant decline in both bed occupancy and average inpatients. This would usually reflect a reduction in work provided by the hospital. What actually needs to then be examined is whether fewer procedures are being performed, and they have not. In fact, significantly more procedures have been performed over the past few years than in the last eight years as an average.

The missing piece of the puzzle is the average length of stay which has fallen even more dramatically than either the fall in in-patient numbers, or rise in operations.

This reflects a shift in focus on the part of Nursing, Physiotherapy and Surgical Staff in early rehabilitation and mobilisation. It has required a more focused and intense input in doing so. Thus more patients have received procedures than before, and, on average are returning home sooner.

This follows current trends in orthopaedic surgery, and the relevant staff are to be congratulated.

In summary, while there has been much change in both staffing and infrastructure, the actual surgical output has in fact expanded, with paralleled optimised rehabilitation of patients.

STEWART DIX-PEEK  
MEDICAL LIAISON COMMITTEE MEMBER

## **SCHOOL REPORT**

The School continued to function efficiently under the management of the Principal and educators. A comprehensive, adapted curriculum in line with the national curriculum is followed for grades 1 to 9. Attention is given to languages and mathematics and all the other subjects are incorporated in the lessons. The computer literacy project is still running very effectively and is enjoyed by the learners. Our thanks to those involved with the outreach programs at other schools; we appreciate your regular visits. We thank the SGB and Hospital Committee and Staff for their continued support.

LAUREEN JANTJIES  
PRINCIPAL